

## Learning for Wellbeing: Quantitative Evaluation

### Introduction

During the course of the Learning for Wellbeing project, learners and practitioners were given the opportunity to evaluate the quality and effectiveness of the project.

627 surveys were completed by learners and included questions aligned to the project outcomes and also included personal development, comfort and safety and the need for further engagement.

37 surveys were completed by partners asking them to share their observations of their client groups, areas for improvement and suggestions for further engagement.

Answer options for both surveys were 'Yes', 'No' and 'Not Sure'

### Survey Results:

#### Learners

Number	Question	Positive Response
1	You have enjoyed the activities?	100%
2	You were treated fairly and respectfully?	100%
3	You have had support from others? For example: CPLT development workers, group members, others in your area?	99%
4	You feel more confident?	99%
5	You have improved self-esteem?	98%
6	You have gained new skills and knowledge?	100%
7	You have shared your learning with others? For example: family, friends, others in the community?	99%
8	You are more active in your area?	98%
9	You have an improved sense of community?	99%
10	You feel more informed about opportunities open to you socially and economically?	99%
11	You feel more optimistic about the future	99%
12	You would like to take part in further LfW activities?	100%

## Practitioners

Number	Question	Positive Response
	Overall assessment of Learning for Wellbeing activities?	Excellent?
		Good?
		Satisfactory?
		Poor?
1	Your clients have benefited from taking part in LfW workshops and activities?	100%
2	Your clients have learned new skills?	100%
3	Your clients have gained confidence and self-esteem?	86%
4	Your clients have raised aspirations and sense of purpose?	78%
5	Your clients have become more active in the community?	92%
6	Would you like further LfW activities delivered to your group/s?	100%
7	Would your existing learners benefit from further engagement?	100%
8	Do you have new learners who would benefit from LfW activities?	89%
9	Areas for improvement?	See below
10	Other Comments?	See below

Areas for Improvement - answers included:

- Evening and weekend delivery
- Funded childcare places
- More transport provision

Other comments – answers included:

- Excellent project, our parents really enjoyed the workshops
- Great range of activities – everyone was able to participate
- Some of our clients have used their face painting skills to raise funds for the nursery – thank you!
- Our clients have all benefitted from Learning for Wellbeing and it has been wonderful to see them grow in confidence
- More please!!

## Conclusions

Both survey results were overwhelmingly positive. It would be fair to say, however, that the learners who chose to return forms were more likely to be those actively engaged, but this does not diminish the high regard learners and practitioners have for the Learning for Wellbeing project and the outcomes achieved.

### Specific project outcomes evidenced through the learner survey:

Outcome	Description	Positive Response
1	Disadvantaged adults in our deprived communities will have improved personal wellbeing; feeling more positive and having increased self-esteem	98%
2	Disadvantaged adults in our deprived communities will have improved social wellbeing; having increased trust, respect and sense of belonging	99%
3	Disadvantaged adults in our deprived communities have improved their life and basic skills and feel more informed about further opportunities	99%
4	Volunteers and disadvantaged adults in our deprived communities report a greater sense of community through them having increased involvement	98%

### Moving Forward:

Whilst it is clear that the learners, their key workers and other practitioners rate the activities, workshops and engagements very highly, it would not be enough for the Trust to rest on its laurels.

In response to the 'areas for improvement' from the practitioners' survey and learner comments in the Independent Evaluation Report, the Trust will:

- Vary workshop times to include evenings and weekends
- Consider parent and child activities to widen participation
- Actively seek funding for childcare
- Broaden activities offered to include more DIY and practical topics
- Provide opportunities for learners to sell their own crafts – with advice and support on self-employment

**Gaynor Cooper**